

**SRR & CVR GOVT DEGREE COLLEGE (A), VIJAYAWADA**

**(NAAC Accredited 'B+' Grade)**

**CENTRE FOR POTENTIAL EXCELLENCE**

**BOARD OF STUDIES MEETING**

2018-19



**UNDER GRADUATION**

**DEPARTMENT OF PSYCHOLOGY**

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA.**

**Minutes of the meeting of the UG Board of studies in the subject of PSYCHOLOGY**

**LIST OF BOS MEMBERS**

**Composition of BOS FOR THE ACADEMIC YEAR – 2018-19**

The meeting of the UG Board of studies in the subject of psychology held on  
5. 8. 2018 in room no – 106 at SRR&CVR GOVT. degree college (Autonomous),  
Vijayawada-520004.

**1. Chairman of BOS: Mr. P. SRINIVAS**

Lecturer in psychology

SRR&CVR GOVT COLLEGE, VIJAYAWADA.

**2. University Nominee: Dr. B. PRASAD BABU, Ph.D.**

Regional director

Indira Gandhi National Open University (IGNO)

Regional center, Vijayawada.

**3. External Expert: Sri G. VENKATESWARLU, M.A. Chairman BOS, ANU Lecturer  
in psychology VRS&YRN College, Chirala.**

**4. Subject Expert: B. YOSEPH (Lecturer) A.C. COLLEGE. GUNTUR.**

**5. MEMBERS: V. SOUNDHARYA, M.A. Psychology, lecturer in psychology,  
SRR&CVR GDC (A), VIJAYAWADA.**

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**SRR&CVR Govt degree college, (A), Vijayawada.**

**AGENDA**

- Item 1:** Approval of syllabus for Semester I, II, III & V for the academic year 2020-2021  
**Item 2:** Approval of Question paper blue print and model question paper  
**Item 3:** Approval of the list of paper setters and examiners  
**Item 4:** Any other item with the approval of the chair.

The Chairman, Board of Studies welcomed the members and initiated the discussion on the syllabus for I, II, III and V semesters. He apprised the members of Board of Studies and the guidelines of the UGC, APSHE and the CCE regarding the framing of syllabus, and the recommended evaluation ratio for internal and external examinations. The members discussed in detail the various aspects presented before them and unanimously resolved the following:

**RESOLUTIONS**

1. Resolved to approve the present CBCS Revamped syllabus for semester 3rd, & 5th.
2. Resolved to approve the revised CBCS Syllabus for semester I and II on the recommendations of Andhra Pradesh State Council for Higher Education.
3. Resolved to approve Syllabus, blue print and model question paper to the newly introduced course B.A. (Hons) in Psychology, which was sanctioned by Special Commissioner Collegiate Education in the proceedings of Rc.No.63/GDC-CS/2019-3 dated 15.07.2020.
4. Resolved to approve the division of marks for internal and external examinations i.e. 40 Marks for internal and 60 Marks for external along with the suggested blue print and model question paper.
5. Resolved to enhance the theory examination time from two & half Hours to three Hours as majority of the Students requested.
6. Resolved to conduct the external examinations either in offline, online or blended in view of Pandemic situation.
7. Resolved to approve the list of paper setters and external examiners submitted by the department.
8. Resolved to approve the division of internal marks i.e.
  - a) 10Marks for Internal Exams (Two).
  - b) 10 Marks for Assignments (Two).
  - c) 10 Marks for Project.
  - d) 5 Marks for Attendance.
  - e) 5Marks for Seminar.
9. Resolved to approve the syllabus of bridge course in ~~political science~~ *Psychology*.

**I B. A. EPJ/ Psychology**  
**GENERAL PSYCHOLOGY - I**

**SEM- I**

**Syllabus**

**Paper- 1**

**UNIT 1: Introduction:**

- A) Historical foundations of Psychology. Definition, Nature and Scope of Psychology;  
Goals of psychology, Schools and fields of psychology.
- B) Methods of Psychology-Introspection, Observation Case Study, Interview, Survey Experimental Method.

**UNIT-II: Biological Basis of Behaviour:**

- A) Neuro Anatomy -Structure of the neuron: The Autonomic Nervous System-Structure & Function; The Central Nervous System: Spinal cord -structure and function: The Brain: hindbrain, midbrain & forebrain.

- B) Hormones and Behaviour-Main endocrine glands, their hormone products and principal effects of the hormones -Mechanisms of Heredity and Environment.

**UNIT-III: Sensory Process:**

- A) Sensory organ; General characteristics of senses, theories of vision and Hearing.
- B) Subliminal perception and signal detection theory.

**UNIT IV: Attention and Perception:**

- A) Types and determinants of Attention, Distraction, Division, Fluctuation and Span of attention
- B) Perception-Perceptual constancies, Principles of perceptual organisation, External/Internal factors influencing perceptual experience.

**UNIT-V: Motivation and Emotion:**

- A) Motivation-Definition and types of motives-Bio and Psycho-Social Motives, Theories of motivation-Maslow's Theory of Motivation and Freud's Unconscious Motivation.
- B) Emotions-Definition and Nature of Emotions, Types of emotions. Theories of emotions- James-Lange, Cannon-Bard and Schachter and Singer's Two-factor theory.

**REFERENCE BOOKS:**

1. Morgan, Clifford T., King, Richard A., Weisz, John R., Schopler, John (1993).  
Introduction to Psychology, TataMcGraw Hill. 2. Marx, Melvin H. (1976). Introduction to Psychology -Problems, Procedures & Principles, MacMillan Publishing Co.3.Hilgard, E.R., Atkinson, R.L., Atkinson, R.C.. (1979): Introduction to Psychology, Harcourt Brace Jovanovich. Inc.

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SRR & CVR Govt. Degree College (A), Vijayawada



**I. B. A. EPB Psychology**  
**GENERAL PSYCHOLOGY I**

**SEM- I**

**MODEL QUESTION PAPER**

**Paper- I**

**Time- 3 hours**

**Maximum Marks- 60**

**Section-A**

**Answer any FIVE Questions**

**5x4=20**

1. Define psychology
2. Explain about sports psychology
3. Axon
4. Hypothalamus
5. What are sensory organs
6. What is attention
7. Intensity as factor for perceptual experience
8. Define Emotion
9. Introspection
10. Parts of Central nervous system.

**Section-B**

**Answer any Five of the following Questions**

**5x8=40**

11. A) Discuss the Nature, Goals and fields in Psychology?  
Or  
B) What are the methods of Psychology?
12. A) Briefly write the organization of nervous system?  
Or  
B) Describe the functions of major hormones system?
13. A) Explain Vision theory?  
Or  
B) Describe signal detection theory
14. A) Define attention, write types and factors of attention.  
Or  
B) Explain meaning of perception and describe the perceptual constancies.
15. A) What is motivation? Write types of motives  
Or  
B) Define emotion and describe theories of emotions.

**I B. A. EPJ/ Psychology**  
**GENERAL PSYCHOLOGY I**

**SEM- 1**

**Practical**

**Syllabus**

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Conduct any **Five** experiments from the following

**50 Marks**

1. Visual & Auditory
2. Distraction on attention
3. Span of Attention:
4. Division of Attention
5. Fluctuation of attention
6. Illusions -Muller Leyer Illusion
7. Horizontal vertical Illusion
8. Organization in perception

**REFERENCE**

Chaube, S.P. (1985): Experimental Psychology, Laxmi Narain Publishers.

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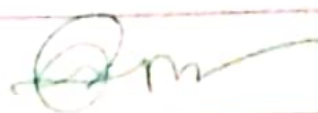
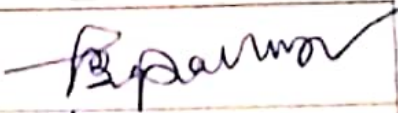
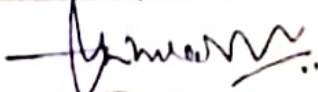
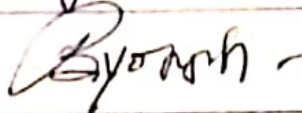
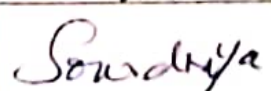


S.No.	Units	Short Questions	Essay Questions
1	Unit - I	2	2
2	Unit - II	2	2
3	Unit - III	2	2
4	Unit - IV	2	2
5	Unit - V	2	2
	Total	10	10

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**SRR&CVR GOVT. Degree College (A), VIJAYAWADA**

Signature of the members of the board of studies :

<u>position</u>	<u>Name</u>	<u>Signature</u>
Chairman	Mr. P. SRINIVAS	
University nominee	Dr B. PRASAD BABU	
External expert	G. VENKATESWARLU	
Subject expert	B. YOSEPH	
Member	V. SOUNDHARYA	

**I B. A. EPJ/ Psychology**  
**GENERAL PSYCHOLOGY II**

**SEM- 2**

**Syllabus**

**Paper- 2.**

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**Unit-I: Learning:**

- A) Definition of learning- classical conditioning, operant conditioning, learning by insight and observation, latent learning.
- B) Role of motivation and maturation in learning. Reward and punishment, learning curves, efficient method of learning, transfer of learning.

**Unit-II: Memory and forgetting:**

- A) Meaning and types of memory, Methods of measuring memory, Information processing model of memory.
- B) Forgetting- Meaning, Nature and causes. Methods to improve memory.

**Unit-III: Thinking:**

- A) Definition, Types of Thinking, Reasoning- Deductive and Inductive reasoning.
- B) Problem solving. Stages of Problem solving. Impediments to problem solving.
- C) Creative thinking - Meaning and stages of creative thinking. Characteristics of creative people.

**Unit-IV: Intelligence:**

- A) Intelligence Definition-Theories: Spearman two factors theory, Thurston's multi factor theory and Sternberg's, Triarchic theories of intelligence, Gardner's multiple intelligence.
- B) Measurement of Intelligence-Concept of IQ, types of intelligence tests, intellectually gifted and Retardation. Role of heredity and environment in intelligence.

**Unit-V: Personality:**

- A) Concept and nature of personality- type approach, trait approach and psychoanalytical approach-factors influencing development of personality heredity and environment.
- B) Methods of assessing personality-projective, non-projective

**Reference Books:**

1. Morgan, Clifford T., King, Richard A., Weisz John R., Schopler, John (1993) Introduction to Psychology. TataMcGraw Hill.

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SRR & CVR Govt. Degree College (A), Vijayawada



**I B. A. EPJ/ Psychology**  
**GENERAL PSYCHOLOGY II**

**SEM- 2**

**MODEL QUESTION PAPER**

**Paper- 2.**

**Time- 3 hours**

**Maximum Marks- 60**

**SECTION- A**

**Answer any FIVE questions**

**5x4= 20**

1. Spearman two factors theory.
2. Concept of IQ
3. Role of Motivation in learning
4. Punishment
5. Mention any two impediments of problem solving
6. Types of thinking
7. Any two types of memory
8. Nature of Personality
9. One stage of Creative Thinking 7. Who are gifted children
10. Spearman's two factor theory 8. Define Personality

**SECTION -B**

**Answer ALL Questions**

**5X8=40**

11. Describe any two theories of Intelligence.

Or

Briefly write about intelligent influenced by heredity or environment.

12. Explain stages of creative thinking.

Or

Explain the steps in Problem Solving

13. Explain the nature of memory and Methods of measuring memory.

Or

What is forgetting and explain methods to improve memory.

14. Define learning and explain classical conditioning theory.

Or

What is Transfer of learning and Explain types of Transfer of Learning?

15. Explain different methods of assessing personality?

Or

Describe the factors influence personality?

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SRR & CVR Govt. Degree College (A), Vijayawada



**I B. A. EPJ/ Psychology**  
**GENERAL PSYCHOLOGY II**

**SEM- 2**

**Practical Syllabus**

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Conduct any **FIVE** experiments from the following.

50 Marks

1. Habit Interference.
2. Massed vs Special learning.
3. Effect of meaning on memory.
4. Retroactive Inhibition & Proactive Inhibition.
5. Letter Digit Substitution test.
6. Span of memory.
7. Short term memory for digits.
8. Problem solving - Pyramid puzzle.

**REFERENCE**

Chaube, S.P. (1985): Experimental Psychology, Laxmi Narain Publishers.

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SRR & CVR Govt. Degree College (A), Vijayawada



Board of studies meeting 2018-19

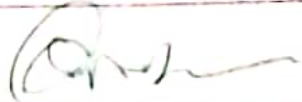
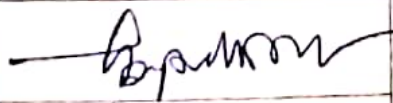
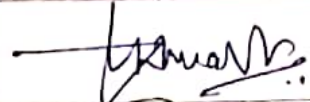
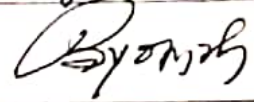
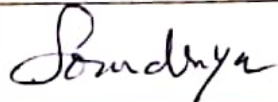
S.No.	Units	Short Questions	Essay Questions
1	Unit - I	2	2
2	Unit - II	2	2
3	Unit - III	2	2
4	Unit - IV	2	2
5	Unit - V	2	2
	Total	10	10

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**SRR&CVR GOVT. Degree College (A), VIJAYAWADA**



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<b>Subject expert</b>	<b>B. YOSEPH</b>	
<b>Member</b>	<b>V. SOUNDHARYA</b>	

**II B. A. EPJ/ Psychology**  
**SOCIAL PSYCHOLOGY I**

SEM- 3

Syllabus

Paper- 3, 7

**Unit I: Introduction to Social Psychology**

- A) Nature and scope of social psychology; History of social psychology; Social behavior and thought
- B) Methods of research in social psychology- Observation, Survey, Correlation, Experimental and Field Study.

**Unit II: Social Perception: Understanding Others**

- A) Attribution; Theories of Attribution; Errors of Attribution; Fundamental Attribution Error
- B) Self Serving Bias, Impression Formation and Impression Management; Techniques of Impression Management

**Unit III: Communication**

- A) Definition; Nature; Types of Communication; Non-verbal communication
- B) Barriers to Effective Communication; Rumors and Propaganda

**Unit IV: Attitude Formation and Change**

- A) Definition; Distinctive features of Attitudes; Formation of Attitudes
- B) Measurement of Attitudes; Cognitive Dissonance; Reducing Dissonance

**Unit V: Social Influence**

- A) Social facilitation; Social loafing; Conformity
- B) Compliance; Obedience; Decision Making by Groups

**TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL**

1. Baron and Brunson (2017) Social Psychology (14th Ed). New Delhi: Pearson
2. Baumeister, R.F. and Bushman, B.J. (2014) Social Psychology and Human nature 3<sup>rd</sup> Ed. Wadsworth Cengage learning.
3. Myers, D.G. (2013). Social psychology 11<sup>th</sup> Ed New Delhi: Tata McGraw-Hill.

2018-19

**II B. A. EPJ/ Psychology**  
**SOCIAL PSYCHOLOGY I**

**SEM- 3**

**MODEL QUESTION PAPER**

**Paper- 3,7**

**Time- 3 hours**

**Maximum Marks- 60**

**SECTION- A**

**Answer any FIVE questions**

**5x4= 20**

1. Nature of Social Psychology
2. Social behavior and Thought
3. Self Concept
4. Personal Identity
5. Attraction
6. Closed Relationships
7. Attitude
8. Conditioning
9. Social Influence
10. Obedience

**SECTION- B**

**Answer ALL the questions**

**5x8= 40**

11. Explain the history of Social psychology  
OR  
List out some factors influencing Social Behavior
12. What is Social Comparison?  
OR  
How to measure Self Esteem using assessments?
13. Types of Communication  
OR  
Barriers to Effective Communication
14. Explain briefly about Attitude and Behavior  
OR  
Theory of Cognitive Dissonance
15. Social Conformity  
OR  
Social Compliance



**II B. A. EPJ/ Psychology**  
**SOCIAL PSYCHOLOGY I**

**SEM- 3****Practical Syllabus**

Conduct any **Eight** experiments from the following

50 Marks

1. Sociometry.
2. Measuring style of behavior.
3. Attitude measurement.
4. Serial reproduction of an event.
5. Level of aspiration.
6. Suggestion
7. Social adjustment
8. Bogardus social distance scale.
9. Observation
10. Self- esteem.

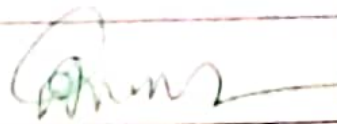
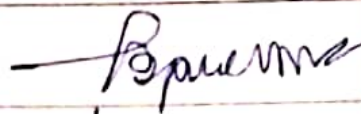
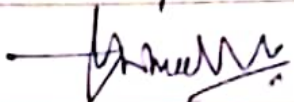
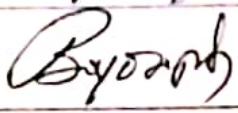
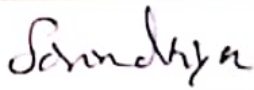
Board of studies meeting 2016-17

S.No.	Units	Short Questions	Essay Questions
1	Unit - I	2	1
2	Unit - II	2	1
3	Unit - III	2	1
4	Unit - IV	2	1
5	Unit - V	2	1
	Total	10	5

SRR&CVR GOVT. Degree College (A), VIJAYAWADA



**Signature of the members of the board of studies :**

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<b>Subject expert</b>	<b>B. YOSEPH</b>	
<b>Member</b>	<b>V. SOUNDHARYA</b>	

**II B. A. EPJ/ Psychology**  
**SOCIAL PSYCHOLOGY- II A**

**SEM- 4****Syllabus****Paper- 4, 10****Unit I: Aggression: Introduction**

- A) Definition; Theories on Aggression- Theoretical Perspectives & Biological Perspectives;
- B) Drive Theories: Instinct theory of aggression, Frustration-Aggression Theory, Social Learning Theory

**Unit II: Aggression: Causes and Control**

- A) Causes of aggression: social, cultural, personal and situational;
- B) General Effective Aggression Model; Prevention and control of aggression

**Unit III: The Self in the social world**

- A) Self-concept, self-presentation; Self-knowledge; Self-esteem
- B) Personal identity versus social identity; Social comparison

**Unit IV: Stereotyping, Prejudice and Discrimination- A**

- A) Definition- Stereotyping, Prejudice and Discrimination;
- B) Stereotyping- Nature and Causes; Discrimination- Nature and Causes

**Unit V: Stereotyping, Prejudice and Discrimination- B**

- A) Nature and Origin of Prejudice, Techniques of reducing Prejudice
- B) Discrimination in classroom and workplace; Prevention and control of Discrimination

**TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL**

1. Baron and Branscombe (2017) Social Psychology (14th Ed).New Delhi: Pearson
2. Baumeister.R.F. and Bushman,B.J. (2014) Social Psychology and Human nature 3<sup>rd</sup> Ed. Wadsworth Cengage learning.
3. Myers, D.G. (2013). Social psychology 11<sup>th</sup> Ed New Delhi: Tata McGraw-Hill.

2018-19

**II B. A. EPJ/ Psychology**  
**SOCIAL PSYCHOLOGY- II A**

**SEM- 4**

**MODEL QUESTION PAPER**

**Paper- 4,10**

**Time- 3 hours**

**Maximum Marks- 60**

**SECTION- A**

**Answer any FIVE questions**

**5x4= 20**

1. Definition of Aggression
2. Social Learning theory
3. Social causes of aggression
4. Prevention of aggression
5. Self-concept
6. Self-comparison
7. Stereotyping
8. Prejudice
9. Discrimination
10. Classroom discrimination

**SECTION- B**

**Answer ALL the questions**

**5x8= 40**

11. Explain the nature of Aggression  
OR  
Instinct theory of Aggression
12. List out some factors influencing Aggression  
OR  
Describe General Effective Aggression model of aggression
13. Describe self-knowledge and self esteem  
OR  
Personal identity vs social identity
14. Explain briefly about Prejudice and Discrimination  
OR  
Nature and Origin of Stereotyping
15. Techniques of reducing Prejudice  
OR  
Prevention and control of Discrimination

**II B. A. EPJ/ Psychology**  
**SOCIAL PSYCHOLOGY II**

**SEM- 4**

**Practical Syllabus**

Conduct any **Eight** experiments from the following

50 Marks

1. Anger.
2. Leadership preference scale.
3. Decision making
4. Group behavior.
5. Social adjustment maturity.
6. Leader behavior.
7. Group norms.
8. Group management.
9. Cohesiveness.
10. Emotional adjustment.

Board of studies meeting 2018-19


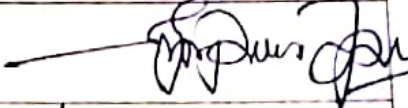
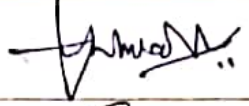

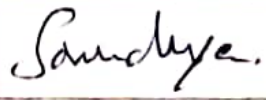
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2	Unit - II	2	2
3	Unit - III	2	2
4	Unit - IV	2	2
5	Unit - V	2	2
	Total	10	10

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**SRR&CVR GOVT. Degree College (A), VIJAYAWADA**



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<b>Subject expert</b>	<b>B. YOSEPH</b>	
<b>Member</b>	<b>V. SOUNDHARYA</b>	

**III B. A. EPJ/ Psychology**  
**EDUCATIONAL/SCHOOL PSYCHOLOGY**

SEM- 5

Syllabus

Paper- 5, 16

**Unit I: Introduction to Educational Psychology**

- A) Nature, scope & relevance of educational psychology; Conceptual and theoretical perspectives in educational psychology
- B) Perspectives on learning: behavioristic and social learning, cognitive & humanistic perspectives, constructivism

**Unit II: Diversity in Learning**

- A) Types of cognitive styles; Mnemonics, learning strategies, meta-cognitive strategies
- B) Readiness for learning and classroom achievement; Demographic factors influencing learning

**Unit III: Effective Teaching and Classroom Management**

- A) The characteristics of effective teachers; Types of learners and learning methods
- B) Teaching-learning process (Using technology, interviews and observation)

**Unit IV: Special education and Exceptional Children**

- A) Concept and categorization of exceptionality; Gifted children and educational implications
- B) Role of teachers in dealing with children with special needs

**Unit V: Mental Health in Educational Setup**

- A) Common developmental delays and learning disability; Intervention techniques for children
- B) Play therapy and various expressive arts therapies

**TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL**

1. Santrock, John W. (2017). *Educational Psychology* (4th ed.). New Delhi: Tata McGraw-Hill publishing company limited.
2. Mangal, S. K. (2007) *Essentials of Educational Psychology*. New Delhi: Prentice Hall of India.
3. Ramalingam, Panch. (2016). *School Psychology in Indian Context*, Delhi: Sage Publications
4. S.K.Mangal (1982). *Educational Psychology*. Prakash brothers' educational publications, Ludhiana.
5. H.r Bhatia (1977) *A text book of educational psychology* Macmillian India Ltd.
6. S.N.Rao.(1990) *Educational psychology*. Wiley eastern Limited.

**III B. A. EPJ/ Psychology**  
**EDUCATIONAL/SCHOOL PSYCHOLOGY**

**SEM- 5****MODEL QUESTION PAPER****Paper- 5, 16****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Nature of Educational Psychology
2. Importance of Educational Psychology
3. Cognitive Styles
4. Mnemonics
5. Effective Teaching
6. Interviews
7. Special Education
8. Gifted Children
9. Learning Disability
10. Play Therapy

**SECTION- B****Answer ALL the questions****5x8= 40**

11. Explain the scope of Educational Psychology  
OR  
List out some major concepts in Educational Psychology
12. What is meant by Diversity in Learning?  
OR  
Describe strategies for meta-cognitive learning
13. Describe characteristics of effective teachers  
OR  
Discuss about some type of learners and learning methods
14. Explain briefly about Exceptional Children  
OR  
Role of teachers in dealing with children with special needs.
15. Mental health in Educational setup  
OR  
Intervention techniques for children

**III B. A. EPJ/ Psychology**  
**EDUCATIONAL PSYCHOLOGY I**

**SEM- 5**

**Practical Syllabus**

Conduct experiments from the following

50 Marks

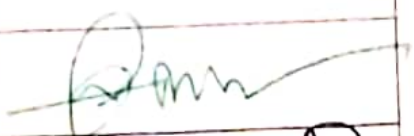
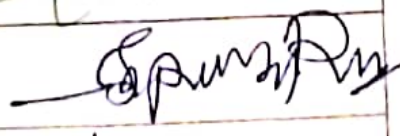
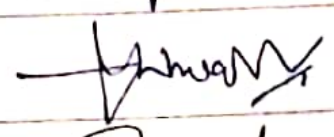
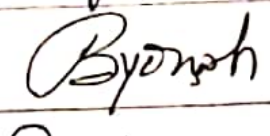
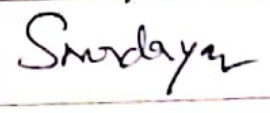
1. Immediate memory span
2. Learning experiment -- Draw learning curve
3. Adjustment inventory
4. Thurston interest scale
5. Sociometry

S.No.	Units	Short Questions	Essay Questions
1	Unit - I	2	2
2	Unit - II	2	2
3	Unit - III	2	2
4	Unit - IV	2	2
5	Unit - V	2	2
	Total	10	10

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**SRR&CVR GOVT. Degree College (A), VIJAYAWADA**

**Signature of the members of the board of studies :**

<b><u>position</u></b>	<b><u>Name</u></b>	<b><u>Signature</u></b>
<b>Chairman</b>	<b>Mr. P. SRINIVAS</b>	
<b>University nominee</b>	<b>Dr B. PRASAD BABU</b>	
<b>External expert</b>	<b>G. VENKATESWARLU</b>	
<b>Subject expert</b>	<b>B. YOSEPH</b>	
<b>Member</b>	<b>V. SOUNDHARYA</b>	

III B. A. EPJ/ Psychology  
ABNORMAL PSYCHOLOGY I/ PSYCHOPATHOLOGY

SEM- 5

Syllabus

Paper- 6, 17

**Unit I: Introduction to Abnormal Psychology**

- A) Abnormal behaviour; Classification and causal factors
- B) Clinical assessment –DSM-5 and ICD-10

**Unit II: Stress and Anxiety Disorders**

- A) Clinical symptoms of Stress, Anxiety; Generalized Anxiety Disorder
- B) Phobia and post-traumatic stress disorder (PTSD) & OCD (Obsessive Compulsive Disorder)

**Unit III: Mood Disorders**

- A) Clinical Symptoms of mood disorders
- B) Depressive disorder; Bipolar disorder

**Unit IV: Somatic and Dissociative Disorders**

- A) Somatic symptoms and related disorders
- B) Conversion disorder; Dissociative identity disorder

**Unit V: Common Disorders of Childhood**

Specific Learning disability; Autism spectrum disorder

Attention deficit hyperactivity disorder (ADHD)

**TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL**

1. Barlow H. & Durand V. Mark (2014). *Abnormal Psychology: An Integrative Approach*. Delhi: Cengage Learning India.
2. Bennett, P. (2006). *Abnormal and Clinical Psychology: An Introductory Textbook*. New York: Open University Press.
3. American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders (5<sup>th</sup> ed*
4. Lamm, A. (1997). *Introduction to psychology*, N.Y. Sage publication.
5. Buss, A.H. (1999). *Psychology*. N.Y. John Wiley.
6. Irvin G. Sarason, Barbara R. Sarason (2006). *Abnormal Psychology 11<sup>th</sup> edition*. Prentice hall india.
7. Carson. *Abnormal Psychology 13<sup>th</sup> edition*. Pearson education India.

## III B. A. EPJ/ Psychology

## ABNORMAL PSYCHOLOGY I/ PSYCHOPATHOLOGY

SEM- 5

MODEL QUESTION PAPER

Paper- 6, 17

Time- 3 hours

Maximum Marks- 60

## SECTION- A

Answer any FIVE questions

5x4= 20

1. Nature of Abnormal Psychology
2. Importance of Abnormal Psychology
3. Post traumatic stress disorder (PTSD)
4. Obsessive compulsive Disorder (OCD)
5. Mood Disorders
6. Depressive Disorders
7. Somatic Disorder
8. Conversion Disorder
9. Child Disorders
10. Autism

## SECTION- B

Answer ALL the questions

5x8= 40

11. Explain the scope of Psychopathology  
OR  
List out some major classifications in Abnormal Psychology
12. What is meant by Anxiety Disorders?  
OR  
Describe strategies to cope up with Stress.
13. Describe some clinical symptoms of Mood Disorders  
OR  
Briefly explain about Bipolar Disorder
14. Explain briefly about Somatic Symptoms and related disorders  
OR  
What is Dissociative Identity Disorder?
15. List out some common disorders in childhood  
OR  
Explain Attention Deficit Hyperactivity Disorder (ADHD)

**III B. A. EPJ/ Psychology**  
**ABNORMAL PSYCHOLOGY I**

**SEM- 5****Practical Syllabus**

**The student is required to do following psychological tests:**

**50 Marks**

1. Stressful life- event scale.
2. Anxiety.
3. Self – esteem
4. Extraversion and neuroticism personality assessment.
5. Word – association technique.


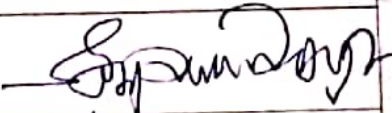
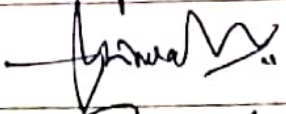
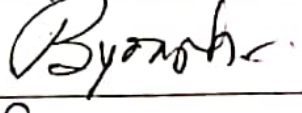
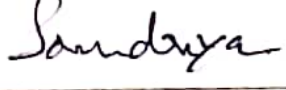
Board of studies meeting 2018-19

S.No.	Units	Short Questions	Essay Questions
1	Unit - I	2	2
2	Unit - II	2	2
3	Unit - III	2	2
4	Unit - IV	2	2
5	Unit - V	2	2
	Total	10	10

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**SRR&CVR GOVT. Degree College (A), VIJAYAWADA**

**Signature of the members of the board of studies :**

<b><u>position</u></b>	<b><u>Name</u></b>	<b><u>Signature</u></b>
<b>Chairman</b>	<b>Mr. P. SRINIVAS</b>	
<b>University nominee</b>	<b>Dr B. PRASAD BABU</b>	
<b>External expert</b>	<b>G. VENKATESWARLU</b>	
<b>Subject expert</b>	<b>B. YOSEPH</b>	
<b>Member</b>	<b>V. SOUNDHARYA</b>	

**III B. A. EPJ/ Psychology**  
**COUNSELLING PSYCHOLOGY**

SEM- 6

Syllabus

Paper- 8, 22

**Unit I: Basic Concepts In Counselling**

- A) Definition and goals of counselling; Guidance, counselling and psychotherapy.
- B) Historical development of counselling; Status of counselling in India and trends in counselling

**Unit II: Process of Guidance**

- A) Assessment in guidance; Educational and vocational guidance.
- B) Guidance techniques: individual and group guidance process

**Unit III: The Counselling Process**

- A) Building counselling relationships; Characteristics of an effective counsellor.
- B) Working in a counselling relationship; Termination of counselling relationships

**Unit IV: Conventional Approaches to Counselling**

- A) Freudian approach and Adlerian approach; Rogerian person-centered therapy.
- B) Gestalt therapy; Behaviour therapy, CBT and REBT

**Unit V: Contemporary Approaches to Counselling**

- A) Family systems therapy; Narrative therapy; Bibliotherapy.
- B) Creative and expressive arts therapies (art, music, dance, etc)

**TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL**

1. Gladding, S.T. (2012). *Counselling: A Comprehensive Profession*. 7<sup>th</sup> Ed. New Delhi: Pearson
2. Corey, G. (2019). *Theory and practice of counseling and psychotherapy*. Pacific Grove,
3. Sharf, R.S. (2000). *Theories of psychotherapy and counseling: Concepts and cases* (2<sup>nd</sup> Ed.).

**III B. A. EPJ/ Psychology**  
**COUNSELLING PSYCHOLOGY**

**SEM- 6****MODEL QUESTION PAPER****Paper- 8, 22****Time- 3 hours****Maximum Marks- 60****SECTION- A****Answer any FIVE questions****5x4= 20**

1. Definition of counselling
2. History of counselling
3. Educational Guidance
4. Vocational Guidance
5. Counselling Relationship
6. Termination
7. Counselling Approach
8. Cognitive Behavioral Therapy CBT
9. Family Therapy
10. Art Therapy

**SECTION- B****Answer ALL the questions****5x8= 40**

11. Explain the scope and goals of counselling  
OR  
Discuss a few words about Status of counselling in India
12. What is meant by Assessment in Guidance?  
OR  
Describe some of the Guidance Techniques.
13. Describe some Characteristics of an effective counsellor.  
OR  
Briefly explain about Working in a counselling relationship.
14. Explain Freudian Approach to Counselling.  
OR  
What is Rational Emotive Behaviour Therapy (REBT)?
15. List out some Contemporary Approaches to Counselling.  
OR  
Explain Creative and expressive arts therapies (art, music, dance, etc)

Board of studies meeting 2018-19



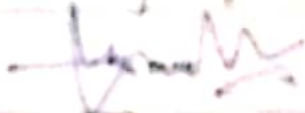
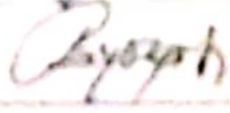
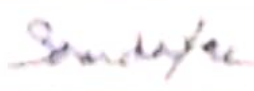
S.No.	Units	Short Questions	Essay Questions
1	Unit - I	2	2
2	Unit - II	2	2
3	Unit - III	2	2
4	Unit - IV	2	2
5	Unit - V	2	2
	Total	10	10

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**SRR&CVR GOVT. Degree College (A), VIJAYAWADA**



Signatures of the members of the board of studies :

Position	Name	Signature
Chairman	Mr. P. SRINIVAS	
University nominee	Dr B. PRASAD BABU	
External expert	G. VENKATESWARLU	
Subject expert	B. JOSEPH	
Member	V. SOUNDHARYA	

**III B. A. EPJ/ Psychology**  
**ABNORMAL PSYCHOLOGY II/ MENTAL HEALTH**

SEM- 6

Syllabus

Paper- 9, 23

**Unit I: Introduction to Schizophrenia Spectrum and Psychotic Disorders**

- A) Clinical symptoms of schizophrenia spectrum disorder
- B) Clinical Symptoms of psychotic disorders

**Unit II: Substance Use and Related Disorders**

- A) Alcohol related disorders- Alcoholism, Mental Illness, Depression, Anxiety, and Suicidal Thoughts.
- B) Drug abuse and addiction- Caffeine, Nicotine, Opioids, Marijuana, Cocaine, Hallucinogens etc.

**Unit III: Personality Disorders**

- A) Antisocial personality disorder- Causes, Diagnosis, Treatment, Psychopaths, Serial Killers etc.
- B) Borderline personality disorder- Causes, Symptoms, Diagnosis, Dialectical Behaviour Therapy (DBT)

**Unit IV: Sexual Dysfunction and Paraphilic Disorders**

- A) Sexual dysfunction- FSD, HSDD, MSD, ED, Causes, Antidepressant Drugs etc.
- B) Paraphilia Disorders- Characteristics, Biological Factors, Types of perversion, DSM 5 Diagnosis.

**Unit V: Interventions in Abnormal Psychology**

- A) Psychological intervention; Rehabilitation and psychotherapy
- B) Biological intervention: pharmacological therapy and convulsive therapy

**TEXTBOOKS/REFERENCE BOOKS/OTHER READING MATERIAL**

1. American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5<sup>th</sup> ed.)
2. Butcher, J.N., Hooley, J.M., & Mineka, S. (2014). *Abnormal Psychology* (16th Ed). New York: Pearson
3. Barlow, D.H. & Durand, V.M. (2013). *Abnormal Psychology: An Integrative Approach* (7th Ed). Noida: Cengage Learning India Edition

## III B. A. EPJ/ Psychology

## ABNORMAL PSYCHOLOGY II/ MENTAL HEALTH

SEM- 6

MODEL QUESTION PAPER

Paper- 9, 23

Time- 3 hours

Maximum Marks- 60

## SECTION- A

Answer any FIVE questions

5x4= 20

1. Definition of Mental Health
2. History of Psychotic Disorders
3. Alcohol Related Disorders
4. Drug Abuse
5. Serial Killer
6. Dialectical Behavior Therapy (DBT)
7. Sexual Dysfunction
8. Paraphilia
9. Interventions
10. Rehabilitation

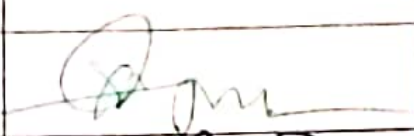
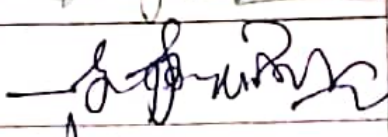
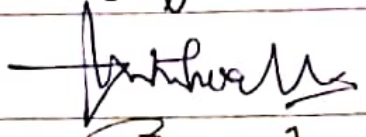
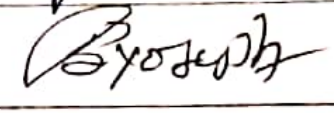
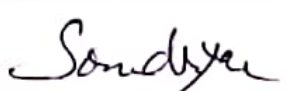
## SECTION- B

Answer ALL the questions

5x8= 40

11. Explain the Clinical symptoms of schizophrenia  
OR  
Discuss a few words about psychotic disorders
12. What is meant by Alcoholism?  
OR  
Describe some of the Addictions.
13. Describe some Characteristics of an Antisocial Person.  
OR  
Briefly explain about Borderline Personality Disorder.
14. Explain causes and treatment for Sexual Dysfunction.  
OR  
What are Paraphilic Disorders?
15. List out some Interventions in Abnormal Psychology.  
OR  
Explain pharmacological therapy and convulsive therapy.

**Signature of the members of the board of studies :**

<b><u>position</u></b>	<b><u>Name</u></b>	<b><u>Signature</u></b>
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<b>Subject expert</b>	<b>B. YOSEPH</b>	
<b>Member</b>	<b>V. SOUNDHARYA</b>	

S.No.	Units	Short Questions	Essay Questions
1	Unit - I	2	2
2	Unit - II	2	2
3	Unit - III	2	2
4	Unit - IV	2	2
5	Unit - V	2	2
	Total	10	10

SRR&CVR GOVT. Degree College (A), VIJAYAWADA

## III B. A. EPJ/ Psychology

## DEVELOPMENTAL PSYCHOLOGY / LIFE SPAN PSYCHOLOGY

SEM- 6

Syllabus

Paper- 10, 24

**Unit I: Introduction to Developmental Psychology**

- A) Definitions and concepts of human development, Domains and periods of lifespan development: Themes in the study of human development, Heredity, environment and behaviour, History of developmental psychology
- B) Theories of development: The psychoanalytic viewpoint; The learning viewpoint; The cognitive-development viewpoint, Ecosystems and ethological approach

**Unit II: Prenatal Development and Infancy**

- A) Basic genetics and conception, Prenatal developmental milestones; Psychological implications during the prenatal period, Child birth and complications; Newborn's readiness for life; Hazards.
- B) Development of the brain, Sensory development in infancy; Motor development in infancy; Emotional development in infancy; Developmental Tasks

**Unit III: Childhood**

- A) Cognitive development in infancy; Piaget and Vygotsky's approach to cognitive development; Beginnings of language, stages of language development; Components of language, Language Acquisition device
- B) Information processing approaches to cognitive development; Theories of attachment; Theory of psychosocial development, Theory of mind.

**Unit IV: Puberty and Adolescence**

- A) Physical transition into adolescence; Gender differences in puberty; Psychological impact during puberty; Sexuality in adolescents and its consequences.
- B) Theories of moral development: Kohlberg's model, Piaget's theory; Damon's view of moral identity; Gilligan's theory of women's moral development.

**Unit V: Adulthood and Old Age**

- A) Developmental milestones in adulthood, Vocational and Family Adjustments; Mid life crises and empty-nest syndrome; Parenting and parenting styles
- B) Challenges of old-age; Retirement: stages and challenges; Facing existential questions and nearing death; Dealing with grief and loss.

**TEXT BOOKS/REFERENCE BOOKS/OTHER READING MATERIAL**

1. Berk, L.C. (2013). *Child Development*. 9<sup>th</sup> Ed. New Delhi: Prentice Hall of India (Pvt) Ltd.
2. Rathus, S. A. (2017). *Human Development - HDEV*, 3rd ed. Belmont,
3. Feldman, R.S. (2016). *Development across the Life Span*. 8<sup>th</sup> Ed, New Delhi: Pearson.

## III B. A. EPJ/ Psychology

## DEVELOPMENTAL PSYCHOLOGY / LIFE SPAN PSYCHOLOGY

SEM- 6

MODEL QUESTION PAPER

Paper- 10, 24

Time- 3 hours

Maximum Marks- 60

## SECTION- A

Answer any FIVE questions

5x4= 20

1. Definition of Human Development
2. learning viewpoint
3. Prenatal developmental milestones
4. Sensory development
5. Cognitive Development
6. Attachment
7. Adolescence
8. Moral Development
9. Adulthood
10. Old Age

## SECTION- B

Answer ALL the questions

5x8= 40

11. Explain the Domains and periods of lifespan development  
OR  
Discuss a few words about Theories of development
12. What is meant by Prenatal development?  
OR  
Describe some of the Developmental Tasks in Infants.
13. Describe Vygotsky's approach to cognitive development.  
OR  
Briefly explain about theory of psychosocial development.
14. Explain Physical transition into adolescence.  
OR  
What is Damon's view of moral identity?
15. List out some Developmental milestones in adulthood.  
OR  
Explain stages and challenges faced in Old Age.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA/EPJ VI - Semester**  
**Paper - 18. COUNSELLING PSYCHOLOGY**  
**Practicum**

**SEM-6**

**Max Marks: 50**

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1. Depression questionnaire.
2. Wellbeing scale.
3. Problem checklist.
4. Eysenck personality.
5. Visit an old age home/ mental retarded institute.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA/EPJ VI - Semester**  
**Paper -19. ABNORMAL PSYCHOLOGY-II**  
**Practicum**

**SEM-6**

**Max marks:50**

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1. High school personality questionnaire.
2. DAT
3. Immediate memory span.
4. Learning experiment – draw learning curve.
5. Project work – Victim of Girl Child.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA/EPJ VI - Semester**  
**Paper -10. Developmental Psychology**  
**Practicum**

**SEM-6**

**Max marks:50**

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1. Assessment of Behavioural problems.
2. Study skill inventory.
3. Projective techniques.
4. Assessment of Vocational Interests.
5. Aptitude testing.

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**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**



**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**Psychology practical 2**  
**At the end of 5<sup>th</sup> & 6<sup>th</sup> Semesters**  
**Max.Marks:100**

**Semester V & VI – practical (internal Assessment)**

**50 Marks**

Practical work at the classroom	= 20 marks
Record	= 20 marks
Performance in the class	= 10 marks
<hr/>	
Total	50 marks
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**Semester V & VI – practical – External assessment**

**50 Marks**

Conduction of practical	= 20 marks
Record	= 20 Marks
Viva	= 10 marks
<hr/>	
Total	50 marks
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## Scheme of the Evaluation

### Internal assessments

Internal assessment includes assignments, peer evaluation, logical tests etc. The internal assessment of 40 for each course will be as follows.

Sl. No	Type of question paper	No. of questions	Marks allotted to each question	Total Marks
1.	Essay question	2	10	20
2.	Short question	2	5	10
3.	Attendance			05
4.	Assignment/ Seminar/ Field trip/ Subject Quiz/ Role play			05
Total Marks				40

**Note:-** Each semester consists of two mid-term examinations the average of 1 & 2 examinations shall be taken as internal assessment.

**Note :** The average of 1 and 2 evaluations shall be taken as internal assessment for 20 marks.

**Note :** There is no minimum pass mark out of 40 marks in internal evaluation.

**Note:** There is minimum pass mark 24 (40 %) marks in external out of 60 marks for students of I, II, III, IV, V, VI semesters.

**Note:** To pass in a single paper, student should get overall 40 marks out of 100 marks (both internal and external).

### External assessment

External assessment will be the semester end examination. This assessment for 60 marks for each semester will be as follows.

- Written examination is designed with duration 3 hours.
- Blue print and question pattern is enclosed
- Model question paper is enclosed.
- I Year, II Year & Final Year pattern is internal 40, external 60

Y E A R	SEM	TITLE	CREDITS	THEORY		PRACTICAL		TOTAL
I	I	GENERAL PSYCHOLOG Y-I	4+1	40	60	25	25	150
		TOTAL	05	40	60	25	25	150

Y E A R	SEM	TITLE	CREDITS	THEORY		PRACTICAL		TOTAL
I	II	GENERAL PSYCHOLOG Y-II	4+1	40	60	25	25	150
		TOTAL	05	40	60	25	25	150

**SRR & CVR Govt. Degree College (A), Vijayawada.  
DEPARTMENT OF PSYCHOLOGY**

**BRIDGE COURSE IN PSYCHOLOGY**  
(Under Credit Based Continuous Evaluation Grading System)

**Bridge Course:**

With a view to enhance the comprehension in Psychology a bridge course is framed to first semester B.A programme students. The essentials and fundamentals of Psychology are necessary to understand the subject at an easy and this will lead to a better appreciation of the subject.

**Objective:**

The bridge course aims to act as a buffer for the new entrants with an objective to provide adequate time for the transition to hard core of degree course. This gives them a breather, to prepare themselves before the onset of course for first year degree programme. During this interaction with the faculty and their classmates the students will be equipped with the knowledge and the confidence needed to take on bigger challenges in future.

**Design:**

The course consist of 10 Hrs of interactive sessions and an internal examination designed by the department which is compulsory for all students.

**Syllabus:**

**10Hours**

- 1. Psychology: Meaning and history; is it natural science or social science?; schools & fields of psychology**
- 2. Introduction to biological basis of behaviour (nervous system and endocrine systems).**
- 3. Sensation: Our Passport to the world via our sense organs (Eyes, ears, nose, tongue, skin)**
- 4. Attention and Perception: Interaction with objects in the world surrounding Us.**
- 5 Introduction to behaviour of learning: classical and operant conditioning, and observational learning**